

NLP AT WORK



NLP at Work

DURATION

8 hours

INTRODUCTION

Neuro Linguistic Programming (NLP) techniques are powerful discipline that enables people to unlock the structures of human communication and human excellence. It can be used in many areas including career, personal development, leadership, relationship and etc. NLP can provide you with guiding principles and techniques that will impact your results.

This 1 day intensive NLP techniques workshop covers the fundamental principles and techniques used by NLP practitioners. It will provide you with tools and techniques integrated with NLP to help increase your personal productivity and improve the performance of others within your team.

COURSE OBJECTIVE

- Understand a model of how our mind works and how we create our results.
- Develop a proactive mind-set & greater flexibility with NLP Presuppositions.
- Choose an empowering way of reframing or repositioning a situation.
- Learn how to shift perspectives for greater insight and solve the conflict.
- Set effective value-driven goals in life

TARGET GROUP (BY DESIGNATION)

Executive, Supervisors and Managers

TARGETED INDUSTRY/INDUSTRIES FOR THE COURSES

Manufacturing, Financial Institutions, Servicing, Hotels

COURSE CONTENT/OUTLINE

1. Introduction to NLP
 - Defining Neuro Linguistic Programming
 - How it works for us?
2. Develop a Proactive Mindset
 - Understand other's perspective using NLP Communication Models
 - NLP Influential Presuppositions- Keys to Personal Excellence
 - Internalize NLP Presuppositions – facing the challenge
3. Changing limiting beliefs
 - Change your mental map / blueprint- NLP Framing & Reframing
 - The Six Step Reframe Technique –to change unwanted behaviour
4. Resolve conflict at workplace
 - Understanding different styles of conflict management with Thomas-Kilmann Conflict Mode Instrument (TKI)
 - Improving difficult working relationships using NLP Perceptual Positions technique
5. Setting an Exciting Goal
 - Create a compelling goal with NLP Well-Formed Outcome (worksheet)

DURATION

2 Days (9am – 5pm)

COURSE FEE**Program 100% Claimable under SBL Scheme**

PSDC Members: RM 750/pax

Non-Members: RM 820/pax

All prices listed above are subject to GST.

DATES

5 – 6 Feb 2018

17 – 18 May 2018

10 – 11 Oct 2018

* Training dates are subject to change

TRAINER'S PROFILE

Yvonne Ooi Lay Siew comes with more than 20 years working experience. She started her career in the Sales arena in 1994, for a large international financial service institution and subsequently moved into the field of Corporate Training in 2002. She has worked for several well established financial services organizations and has held various managerial positions during her corporate career.

As a Corporate Trainer and a Sales Coach, she has trained and coached a few thousands of fresh graduates, executives and managers in the area of soft skills. Yvonne has established herself as a competent Speaker, Presenter, Trainer and Coach. Yvonne is passionate about helping people to reach their fullest potential. She enjoys helping her clients on how to communicate effectively, make winning high impact presentations and unleash the leadership charisma. In this respect, she has had an excellent track record in helping many clients to reaching their fullest potential.

Her past role included helping Senior Managers, Managers, Executives, Agents and Consultants in their grooming and making high impact presentation; as part of developing them to create a positive impact with their clients. One of her major recognition and achievement was the "Supreme Achiever" Award presented to her in 2006 to recognize her outstanding performance in agency coaching. She has invaluable experience in coaching people from different cultural background.

As a Trainer, she conducts the following workshop titles.

- Public speaking & High Impact Presentation skills
- NLP communication & interpersonal skills
- Attitude & Mindset Tuning,
- Career development.

She holds a Bachelor Degree in Business Administration from USA. She is also a Certified Master Practitioner of Neuro-Semantics (NS) & Neuro-Linguistic Programming (NLP), Certified Practitioner of Timelines & Accessing Personal Genius.

Yvonne is now a full time Corporate Trainer (Certified Professional Trainer) and Life Coach since 2012. She has since facilitated workshops for clients ranging from B Braun, Philip Lumileds, Dell, Prudential, Penang Women Development Corporation (PWDC), Sim Educare & Learning and many more

Venue	PSDC
Payment	Crossed cheque made payable to “ PENANG SKILLS DEVELOPMENT CENTRE ” one week before commencement date.
Registration	Registration forms together with payment to be forwarded to:- <i>PSDC</i> <i>1, Jalan Sultan Azlan Shah, Bandar Bayan Baru,</i> <i>11900 Bayan Lepas, Penang.</i> Tel: 04-643 7909 Fax: 04-643 7929 Email: training@psdc.org.my
Cancellation	PSDC reserves the right to cancel or postpone any program but with due notice to the company(s)
Refund	Fees will only be refunded in full for any cancellation of registration provided written notice is received 7 working days before commencement date. Substitute attendee(s) will be accepted at no extra charge.

For further information, please contact Nuralina (ext. 514)

Email: nuralina@psdc.org.my

Online registration: <http://www.psd.org.my>



To find out more, call our **Corporate Training Team** at ext 523/577/514/517 or email to corptraining@psdc.org.my

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